



Trinity Health
Mid-Atlantic

St. Mary
Medical Center

Internal Medicine Residency Program



1201 Langhorne - Newtown Rd Langhorne, PA 19047

St. Mary Medical Center

- ❖ **371-bed** tertiary care community-based hospital
- ❖ Advanced comprehensive care
 - ✓ Heart & Vascular Center
 - ✓ Regional Cancer Center/Penn Cancer Network
 - ✓ Joint Commission-certified
 - Primary Stroke Center
 - Sleep disorders center
 - Joint replacement program
 - ✓ Inpatient Acute Rehabilitation Hospital
 - ✓ Emergency Department
 - Level II Trauma Center
 - 78 beds & 12 bed Pediatric ED



Our Location

- ❖ **Langhorne, PA – Bucks County**
 - ✓ Philadelphia ~ 35 min
 - ✓ NYC ~ 1.5 hours
 - ✓ DC ~ 2.5 hours
 - ✓ Jersey Shore ~ 1 hour
- ❖ Tyler State Park, Core Creek Park, Pocono Mountains
- ❖ Lots of restaurants, wineries, farm stands and orchards



Internal Medicine Residency Program Leadership & Core Faculty

- ❖ **Program Director** - Dr. Umang Patel, DO, FACOI
- ❖ **Associate Program Director** - Dr. Jonathan Lee, DO
- ❖ **Core Faculty**
 - Dr. Steven Kutalek, MD, FACC, FHRS (Electrophysiology)
 - Dr. Benjamin Solomon, MD (Pulmonary/Critical Care)
 - Dr. Heewa Faraj, MD (Internal Medicine)
 - Dr. Carlin McLaughlin, DO (Hematology/Oncology)
 - Dr. Arpish Shah, MD (Internal Medicine)
- ❖ **Chief Resident** - Dr. Akash Patel, DO
- ❖ **Program Coordinator** - Eileen Schneider





Dr. Umang Patel

PD



Dr. Jonathan Lee

APD



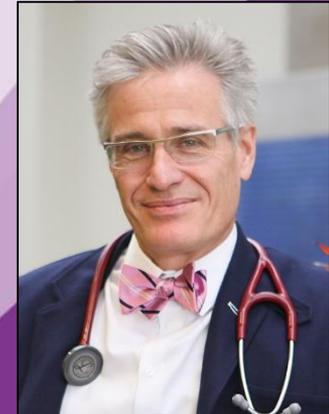
Dr. Steven Kutalek



Dr. Ben Solomon



Dr. Heewa Faraj



Dr. Carlin McLaughlin



Core Faculty

Subspecialty Faculty

- ❖ Cardiology – Anand Haridas MD, Syed Hussain MD, Ashwani Gupta MD, Vincent Figueredo MD
- ❖ Endocrinology – Shailja Kaul MD, Arvind Cavale MD
- ❖ Hematology/Oncology – Youval Katz MD, Daniel Lebovic MD
- ❖ Gastroenterology – Mark Codella MD, David Zisa MD, Keith Buhl MD (Nazareth)
- ❖ Infectious Diseases – Ronald Goren MD, Donald Marcus MD, Sreethy Saraswathy, MD
- ❖ Nephrology – Shalini Barlapudi MD, Chris Frankel MD
- ❖ Neurology – Paul Shneidman MD, David Sirken DO
- ❖ Pulmonary/Critical Care – Rakesh Patel MD, Jay Chelluri MD, Brett Carestia DO, Zeeshan Khan DO
- ❖ Rheumatology – Manisha Naik MD
- ❖ Geriatric Medicine – Uzma Shahzad MD
- ❖ Outpatient/Primary Care – Tej Kokroo MD, Sanjay Bhatia MD, Umar Farooq MD



Residency Program

- ❖ PGY-1 – 12 Residents
- ❖ PGY-2 – 12 Residents
- ❖ PGY-3 – 12 Residents
- ❖ PGY-4 – 1 Chief Resident

- ❖ EMR – Meditech (Inpatient), PulseCheck (ED), Athena (Outpatient)
 - Plans to transition to Epic EMR in 2022



4 + 1 Schedule

- ❖ Each block = 5 weeks
- ❖ 4 weeks inpatient rotation
- ❖ 1 full week outpatient rotation
 - ✓ Didactics with chief
 - ✓ Subspecialty clinic
 - ✓ RRT/US skills lab
 - ✓ Independent study time



PGY-1 Rotations

4+1 Block Schedule (10 blocks per year)

Example PGY-1 Rotations	Weeks
Internal Medicine Floors	20
Ambulatory Medicine	10
ICU/CCU	8
Night Float	4
Subspecialty Selective	4
Emergency Medicine	2
Vacation	4



PGY-2 Rotations

4+1 Block Schedule (10 blocks per year)

Example PGY-2 Rotations	Weeks
Internal Medicine Floors	10
Ambulatory Medicine	10
ICU/CCU	6
Night Float	4
Cardiology	4
Nephrology	4
Infectious Disease	4
Subspecialty Selective	2
AWAY Electives	4
Vacation	4



PGY-3 Rotations

4+1 Block Schedule (10 blocks per year)

Example PGY-3 Rotations	Weeks
Internal Medicine Floors	10
Ambulatory Medicine	10
ICU/CCU	4
Night Float	4
Gastroenterology	4
Endocrinology	4
Hematology Oncology	4
Neurology	4
Electives	4
Vacation	4



A Day in the Life of Medicine Floor Rotation

Monday to Friday & Saturday OR Sunday

6:30-7:30am	Sign-out from night team, pre-round on patients
7:30-8:15am	Morning Report
8:15-10:30am	Pre-round, write notes, prep for rounds
10:30-12:00pm	Teaching rounds
12:00-1:00pm	Noon Conference
1:00-3:30pm	Finish notes, discharges, new admissions
3:30-6:30pm	Short call sign-out, long call stays
6:30-7:00pm	Long call sign-out to night team



Other Academic Activities

- ❖ Morning Report
- ❖ Noon Conference
- ❖ Hospital-System Conferences
 - M&M, Grand Rounds, Tumor Board
- ❖ Antibiotic Stewardship Rounds
- ❖ Ethics Rounds
- ❖ Journal Club
- ❖ Simulation Center (SIM labs)
- ❖ Ultrasound Curriculum (US skills lab)



Scholarly Activity

- ❖ Case Reports, Abstracts, Research Publications
- ❖ Quality Improvement Projects
- ❖ Acceptance to Journals and National Conferences
 - American College of Physicians (ACP)
 - Society of General Internal Medicine (SGIM)
 - American College of Cardiology (ACC)
 - Complex Cardiovascular Cath Conference



Benefits/Educational Resources

- ❖ ACP Membership + MKSAP Access
- ❖ UpToDate + Journal Access
- ❖ BLS/ACLS certification
- ❖ Hopkins/PEAC modules
- ❖ Yale modules
- ❖ Annual Education Stipend
- ❖ Scholarly Activity/Conference Attendance Stipend
- ❖ Meal Stipend while on-call
- ❖ Resident Retreats, Wellness Events, Hospital Holiday Party, Graduation Celebration
- ❖ Healing garden
- ❖ 403b Retirement Plan with employer match
- ❖ Non-profit organization qualifies for PSLF program



Fellowships

Class of 2021

Cardiology*

- Jefferson Health/Virtua Our Lady of Lourdes

Heart Failure

- Case Western University Hospital

Medical Oncology

- East Tennessee State University Hospital

Pulmonary/Critical Care

- Larkin Community Hospital

**Chief Resident*

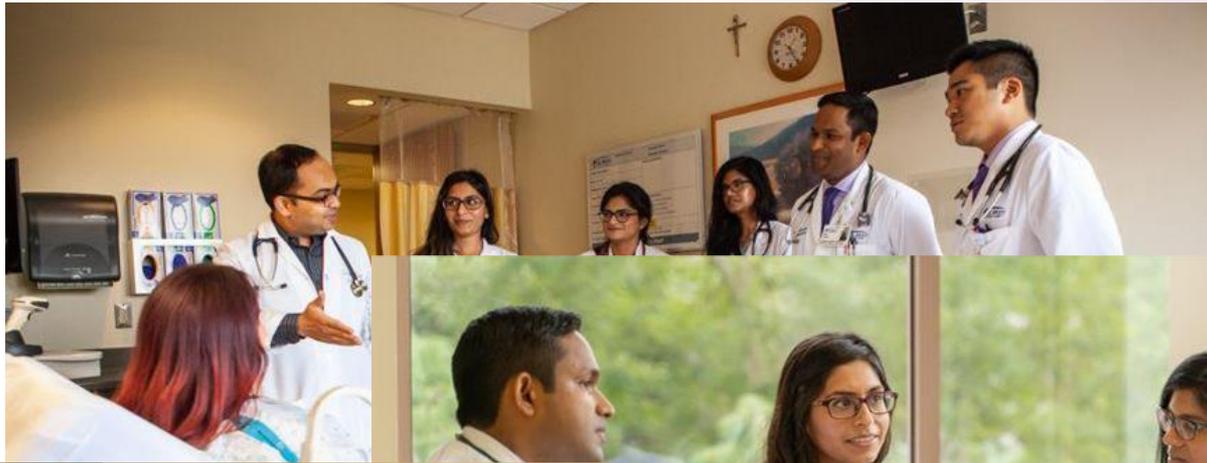




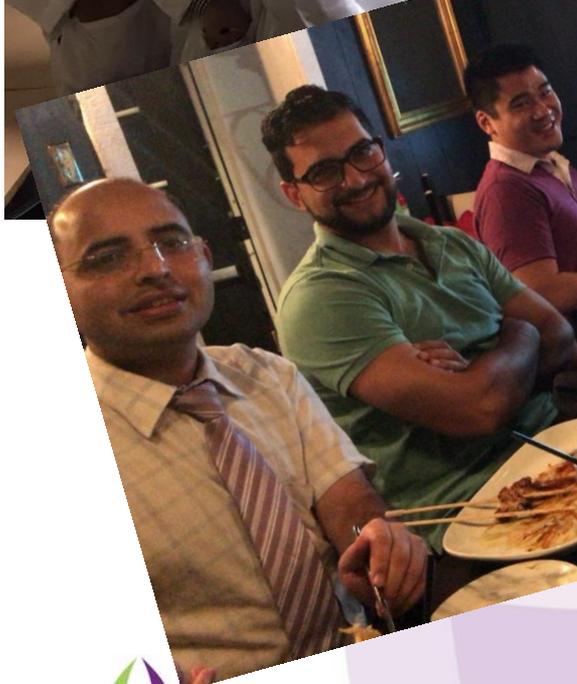
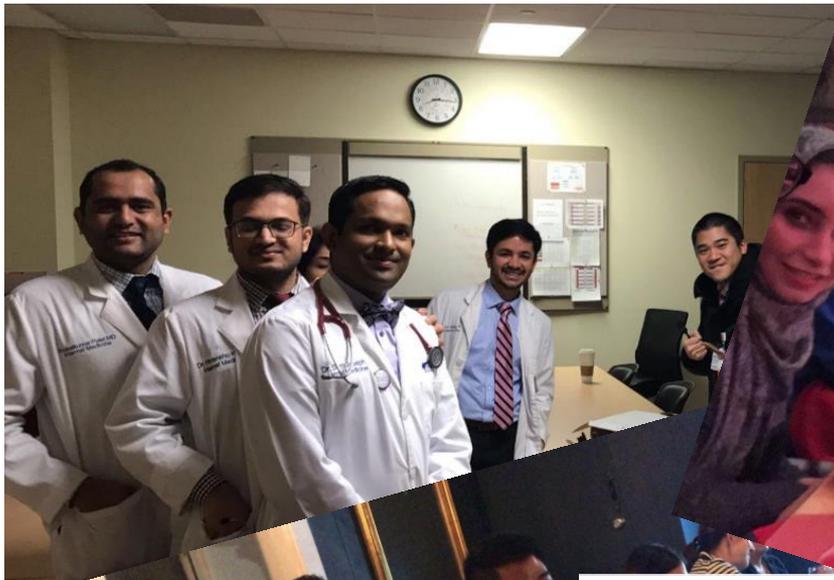














Questions?

Contact Eileen Schneider at:
Eileen.Schneider@stmaryhealthcare.org

