

All-CIN Physician WebEx

Quality Health Alliance Mercy Accountable Care Delaware Care Collaboration

November 11, 2020 6:00pm - 7:30pm

Reflection

"Our nation owes a debt to its fallen heroes that we can never fully repay." -Barack Obama



Trinity Health Mid-Atlantic (THMA) Clinically Integrated Network (CIN)

Regional News

Quality Health Alliance – St. Mary Medical Center Mercy Accountable Care – Legacy Mercy Health System Delaware Care Collaboration – St. Francis Hospital



THMA CIN Physician / Executive Leadership Team



Dan Bair Regional Executive Director THMA CIN



Dr. Sharon Carney Regional Chief Clinical Officer THMA



Dr. Benjamin Chack President Quality Health Alliance



Dr. Robert Monteleone Medical Director Delaware Care Collaboration

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Dr. Wayne Miller Medical Director Mercy Accountable Care

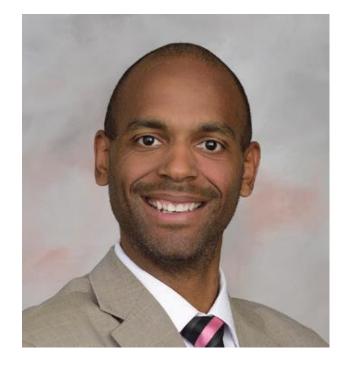


Dr. Naomi McMackin Medical Director Quality Health Alliance

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Welcome New THMA CIN Regional Directors





Brittany Danoski Regional Director for Population Health Mark Lewis Regional Director for Data/Analytics

New THMA Regional Newsletter Publication

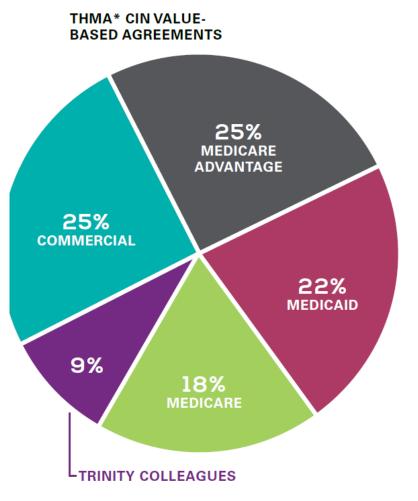
Trinity Health Mid-Atlantic Network NEWS





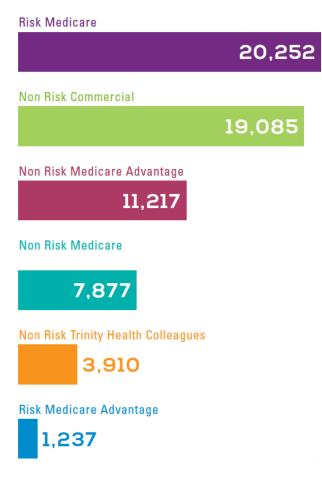


THMA CIN Value-Based Agreements 2020



*represents QHA, MAC, and DCC as of June 2020

THMA ATTRIBUTION PROFILE





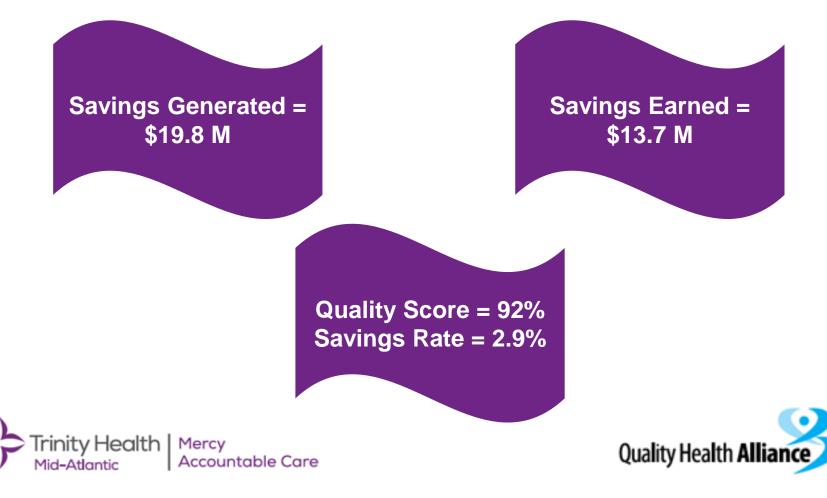
Medicare Shared Savings Program (MSSP) 2019 Participation Year Results

Trinity Health Integrated Care Delaware Care Collaboration



Medicare Shared Savings Program (MSSP) PY 2019 Results

Trinity Health Integrated Care (THIC)





Medicare Shared Savings Program (MSSP) PY 2019 Results

Delaware Care Collaboration (DCC)





MSSP 2020 – COVID-19 Implications

- CMS Public Health Emergency (PHE) extended through January 20, 2021;
- MSSP 2020 Quality Metrics:
 - ACOs are accountable to participate in a CMS ACO Quality Measures Audit (GPRO) for the 2020 participation year;
 - CMS preliminary rule indicates ACOs can use the better of the 2019 or 2020 score for the 2020 participation year NOT FINAL;
- What does this mean for Trinity Health Integrated Care (QHA & MAC) and Delaware Care Collaboration?



MSSP 2020 – COVID-19 Implications

• Trinity Health Integrated Care (THIC)

- NO downside financial risk for 2020 participation year;
- Entitlement to all shared savings earned in 2020 participation year;





Delaware Care Collaboration (DCC)

- NO progression to downside risk for 2021 participation year;
- Entitlement to all share savings earned in 2020 participation year;







Quality, Practice Transformation, and Care Management Updates

Presented by Dr. Naomi McMackin Chief Medical Officer of Quality Health Alliance

THMA CIN Quality and Care Coordination Updates

- Quality
 - 2019 GPRO Performance
 - 2021 ACO Proposed Quality Measures
- Practice Transformation
 - COVID19 & Flu
- Care Coordination
 - Advanced Care Planning COVID19

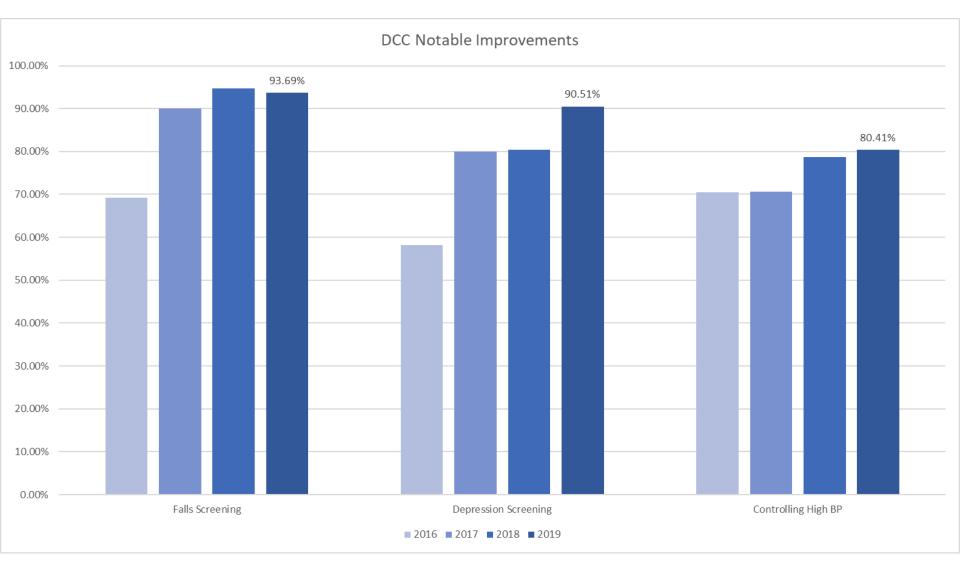


GPRO Results 2019- DCC

2019	Quality Perf	ormance Report (includes 20				
DELA	VARE CARE	COLLABORATION DCC LLC				
ACO	Measure Measure Name		Numerator	Denominator	DCC 2019 %Rate	ACO National
	-	2	~	•	•	Mean %Rate
DCC	CARE-2	Falls Screening	282	301	93.69%	84.04%
DCC	DM-2	HbA1c Poor Control	40	296	13.51%	13.88%
DCC	HTN-2	Controlling High BP	242	300	80.67%	75.04%
DCC	MH-1	Depression Remission 12m	5	64	7.81%	13.58%
DCC	PREV-10	Tobacco Use (Screen/Cessation)	21	25	84.00%	78.04%
DCC	PREV-12	Depression Screening	267	295	90.51%	70.40%
DCC	PREV-13	Statin Therapy CVD	263	294	89.46%	82.17%
DCC	PREV-5	BrCa Screening	233	298	78.19%	73.84%
DCC	PREV-6	CRC Screening	232	300	77.33%	70.76%
DCC	PREV-7	Flu Immunization	222	250	88.80%	74.77%



GPRO Results 2019- DCC Improvements





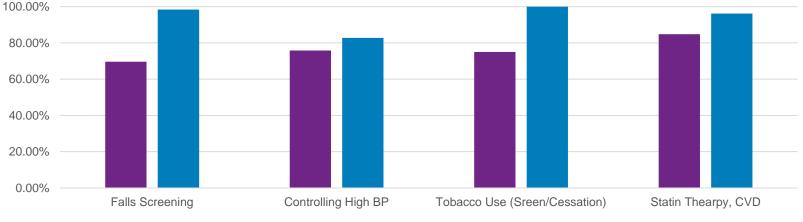
GPRO Results 2019- QHA & MAC

ACO	Chapter	Measure	Measure Name	Numerator	Denominator	Score
THIC	Langhorne	CARE-2	Falls Screening	120	122	98.36%
тніс	Langhorne	DM-2	HbA1c Poor Control	22	125	17.60%
THIC	Langhorne	HTN-2	Controlling High BP	106	128	82.81%
THIC	Langhorne	MH-1	Depression Remission	1	13	7.69%
THIC	Langhorne	PREV-10	Tobacco Use (Screen/Cessation)	7	7	100.00%
THIC	Langhorne	PREV-12	Depression Screening	97	120	80.83%
THIC	Langhorne	PREV-13	Statin Thearpy, CVD	153	159	96.23%
THIC	Langhorne	PREV-5	BrCa Screening	123	145	84.83%
THIC	Langhorne	PREV-6	CRC Screening	123	145	84.83%
THIC	Langhorne	PREV-7	Flu Immunization	96	119	80.67%

ACO	Chapter	Measure	Measure Name	Numerator	Denominator	Score
THIC	SEPA	CARE-2	Falls Screening	43	52	82.69%
тніс	SEPA	DM-2	HbA1c Poor Control	19	65	29.23%
THIC	SEPA	HTN-2	Controlling High BP	50	68	73.53%
THIC	SEPA	MH-1	Depression Remission	0	4	0.00%
THIC	SEPA	PREV-10	Tobacco Use (Screen/Cessation)	7	7	100.00%
THIC	SEPA	PREV-12	Depression Screening	42	60	70.00%
THIC	SEPA	PREV-13	Statin Thearpy, CVD	66	79	83.54%
THIC	SEPA	PREV-5	BrCa Screening	47	70	67.14%
THIC	SEPA	PREV-6	CRC Screening	30	56	53.57%
THIC	SEPA	PREV-7	Flu Immunization	39	54	72.22%



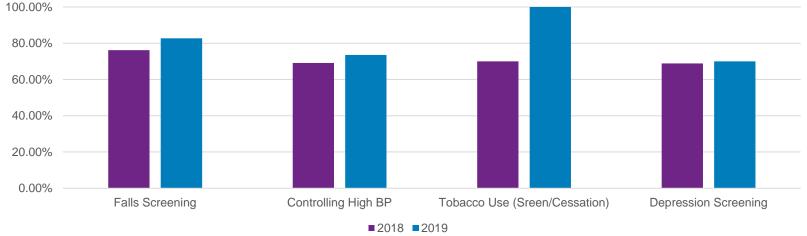
GPRO Results 2019- QHA & MAC Improvements



QHA Noteable Improvements

■2018 ■2019

MAC Noteable Improvements



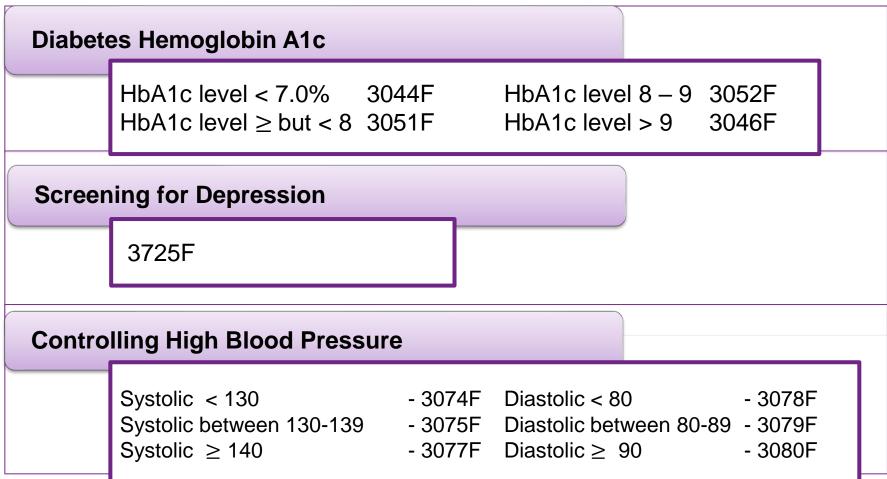


Proposed Quality Changes for PY2021

Measure #	Measure Title	Collection Type	Submitter Type	Meaningful Measure Area
Quality ID # 321	CAHPS for MIPS	CAHPS for MIPS Survey	Third Party Intermediary	Patient's Experience
Quality ID # 001	Diabetes: Hemoglobin A1c (HbA1c) Poor Control	eCQM/MIPS CQM	APM Entity/Third Party Intermediary	Mgt. of Chronic Conditions
Quality ID # 134	Preventive Care and Screening: Screening for Depression and Follow-up Plan	eCQM/MIPS CQM	APM Entity/Third Party Intermediary	Treatment of Mental Health
Quality ID # 236	Controlling High Blood Pressure	eCQM/MIPS CQM	APM Entity/Third Party Intermediary	Mgt. of Chronic Conditions
Measure # TBD	Hospital-Wide, 30-day, All-Cause Unplanned Readmission (HWR) Rate for MIPS Eligible Clinician Groups	Administrative Claims	N/A	Admissions & Readmissions
Measure # TBD	Risk Standardized, All-Cause Unplanned Admissions for Multiple Chronic Conditions for ACOs	Administrative Claims	N/A	Admissions & Readmissions



CPT II Codes for CMS 2021 Quality Measures



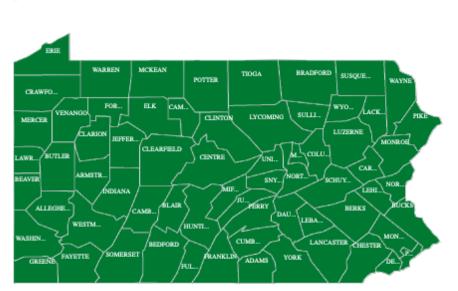


COVID19 + Flu



DEPARTMENT OF HEALTH

Updated on 11/6/2020



COVID-19 Early Warning

Monitoring System Dashboard

For detailed county progress hover over the metric.

Select a county or multiple counties (CTRL+click) in the map to filter the table.



Pennsylvania					
+2,503	124.8				
Confirmed cases (diff.)	Incidence rate per 100.000 (curr.)				
6.9%	+264.8				
PCR percent positivity (curr.)	Avg. daily hospitalizations (diff.)				
+ 14.6	0.9%				
Avg. daily ventilators (diff.)	Hosp. visits due to CLI (curr.)				

diff. - difference between the most recent 7-day period and the previous 7-day period.

curr. - most recent 7-day period

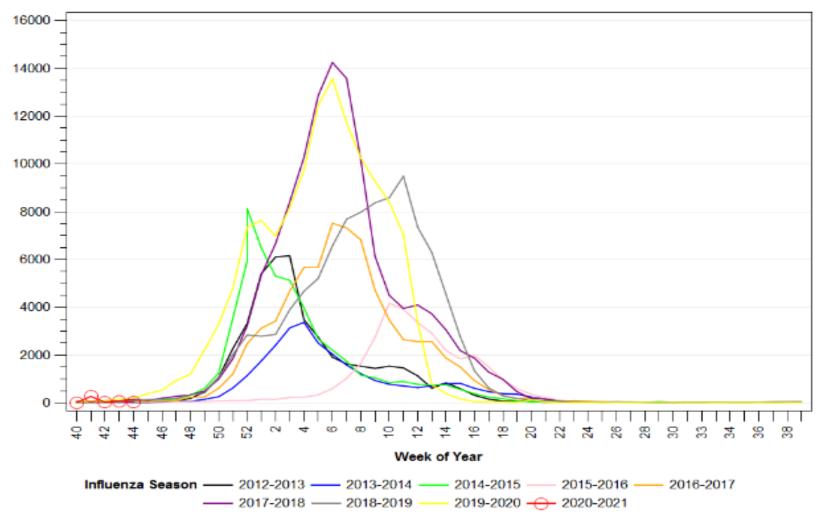
Most recent 7-day period: October 30-November 5

Previous 7-day period: October 23-October 29

¹<u>https://www.health.pa.gov/topics/disease/coronavirus/Pages/Monitoring-Dashboard.aspx</u>

Comparison of PA Influenza Cases in Current Season to the Eight Previous Seasons

Number of Cases



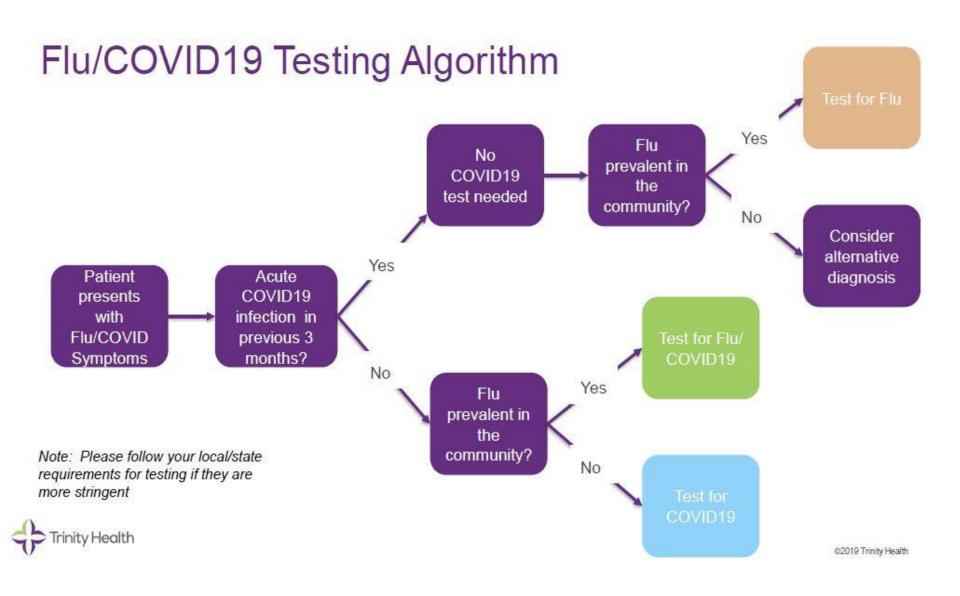


¹<u>https://www.health.pa.gov/topics/disease/Flu/Pages/2020-21-Flu.aspx</u>

COVID19 vs Flu

Symptoms	Coronavirus (COVID-19) Symptoms range from mild to severe	Influenza (FLU) Abrupt onset of symptoms	Cold Gradual onset of symptoms	Seasonal Allergies Symptoms improve or worsen depending on environment
Fever	Often	Often	Rare	Sometimes
Fatigue	Sometimes	Sometimes	Sometimes	Often
Cough	Often (usually dry)	Often (usually dry)	Mild	Often
Sneezing	No	No	Often	Often
Aches & Pains	Sometimes	Often	Often	No
Runny or Stuffy Nose	Rare	Sometimes	Often	Often
Sore throat	Sometimes	Sometimes	Often	No
Diarrhea	Rare	Sometimes in Children	No	No
Headaches	Sometimes	Often	Rare	Sometimes
Shortness of breath/ Difficulty breathing	Often	Rare	Rare	Rare
Loss of taste and smell	Often	Rare	Rare	Rare

Trinity Health



Partnering to Keep Patients Safe During COVID-19

- Patient Collateral developed to help patients seek care in appropriate setting based off symptoms (→)
- Partner with your patients to mitigate community spread
- Focus on inappropriate ED visits for ambulatory conditions & chronic disease management to prevent future inpatient admissions
- Ensure office access for same day/next day visits and education to patients to call your office for help deciding where to seek care.

Where Should I Go?

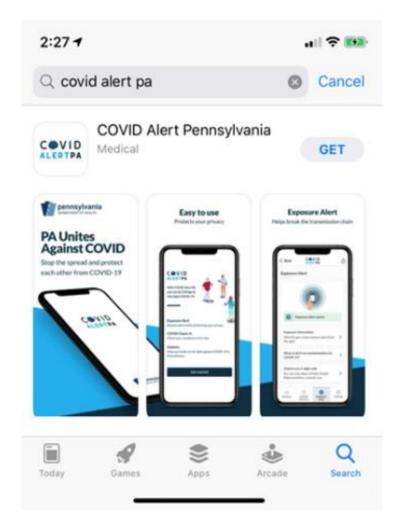
Here are some examples to help you decide when and where to go for care.



Trinity Health Mid-Atlantic

COVID Alert PA app

- App uses anonymous Bluetooth low technology to know when your phone is within 6 feet of another phone with the app for 15 minutes or more.
- When an app user confirms a positive COVID-19 test result in the app, it will check to see if it matches any of the anonymous Bluetooth close contact interactions your phone has had over the last 14 days.
- If there is a match, COVID Alert PA may send an alert after taking into account the date, duration of exposure, and the Bluetooth signal strength





THMA CIN Regional Care Coordination Leadership Team



THMA CIN Care Coordination Leadership Team



Christine Falcone, MHA, BSN, RN, CPHQ Vice President of Quality, Safety, and Care Transformation



Rhonda Meredith, BSN, RN, CCM, Director of ACO Care Coordination, Delaware Care Collaboration

v Health

1id-Atlantic



Allison Patzek, MSN, RN, CCRN-K Director of Ambulatory Care Coordination, North Region



Tanya Vogel, MSN, RN Director of Acute and Ambulatory Care Integration

Advance Care Planning During COVID 19 – Role of Primary Care Provider

- Ensure patients receive the care they want, aligning the care that is delivered with patients' values and goals.
- Know that patients most likely to develop severe illness will be older and have greater burden of chronic illness.
- Have the relationships with patients and families while hospitalist/intensivists are tasked with urgent decisions in a crisis.
- Best understand how visitor restrictions create communication challenges with patients and their loved ones.

¹The Importance of Addressing Advance Care Planning and Decisions About Do-Not-Resuscitate Orders During Novel Coronavirus 2019 (COVID-19)

J. Randall Curtis, MD, MPH, Division of Pulmonary, Critical Care, and Sleep Medicine, University of Washington, Seattle; and Cambia Palliative Care Center of Excellence, University of Washington, Seattle

Erin K. Kross, MD, Division of Pulmonary, Critical Care, and Sleep Medicine, University of Washington, Seattle; and Cambia Palliative Care Center of Excellence, University of Washington, Seattle

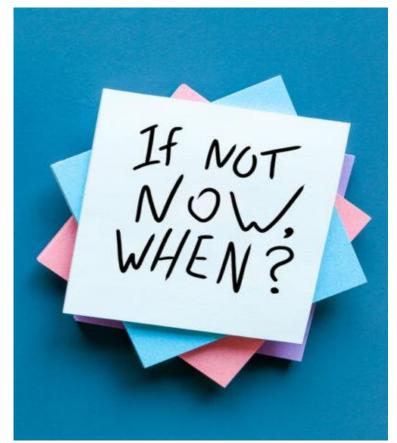
Renee D. Stapleton, MD, PhD

Larner College of Medicine, Division of Pulmonary and Critical Care Medicine, University of Vermont, Burlington



Advance Care Planning During COVID 19

- Ambulatory Care Managers have been trained in ACP and Serious Illness conversation
- ACP quality measure for BPCI-A
- Newsletter contains education on documentation and coding opportunities



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Renee D. Stapleton, MD, PhD

Larner College of Medicine, Division of Pulmonary and Critical Care Medicine, University of Vermont, Burlington





Guidance Regarding Best Practices for Prescription Medication and Refill Requests and Prescribing of Chronic Regimens of Controlled Substances

Presented by Dr. Robert Monteleone Medical Director of Delaware Care Collaboration

Development of Guidance in part by: Kristina Mazzie, PharmD Population Health Pharmacist Mercy Accountable Care

Summary of Guidance for Refill and Prescription Requests

Education

Informing and educating staff and patients of the refill policy should be a priority

Process of Patient Prescription and Refill Requests

- Refills should be requested at patient's office visit or via office refill line during normal business hours
- Ninety-day supplies should be prescribed whenever possible
- Prescribing should primarily be performed electronically
- Requests should be checked at least twice a day

Denial of Patient Prescription and Refill Requests*

- Reasons would include:
 - 1. not being seen by provider in last 6 months
 - 2. if request is for a medication not previously prescribed by provider
- If an appointment is needed, it should be scheduled for patient within 72hrs of request
- * Exceptions to this policy are allowable per provider on a case by case basis.



Summary of Guidance for Prescribing of Chronic Regimens of Controlled Substances

New Patients, Initiation of Therapy and Controlled Substance Agreements

- New patients are required to give informed consent and submit their prior health records
- Opioid Risk Assessment and urine drug screen should be performed
- Controlled substance agreements are required for regimens >7 days

Usage of Prescription Drug Monitoring Program (PDMP)

- Prescribers must continue to query the PDMP before therapy initiation and for every therapy renewal
- Prescribers must be registered with the PDMP in each state they are licensed to practice

Clinician Guided Monitoring for Continuation of Therapy

- Periodic fluid drug screens should be completed at least every 12 months in PA and every 6 months in DE
- Patients should be available for monitoring requests within 24hrs



Summary of Guidance for Prescribing of Chronic Regimens of Controlled Substances

Procedure for Handling of Prescription Refills and/or Renewal Requests

- Patients should be seen once every 3 months by telehealth or in-person visit before renewal is approved.
- At the patient's office visit, a prescription for CII medications can only be written for a thirty-day supply.
- CIII-CV prescriptions can be written for up to a ninety-day supply
- Prescription renewal requests for CII medications should be requested by the patient for the 2nd and 3rd prescriptions by phone to the office staff or via refill phone extension.

Discontinuation and Tapering of Ongoing Therapy

 Tapering should not occur at a rate greater than 25% per week, in order to minimize serious risk of withdrawal.

Monitoring of Clinician Compliance with Prescribing, and Patient Surveillance

 Random audits of compliance should be performed by the compliance department or the network's corporate staff.





Clinical Condition Documentation/ Hierarchical Condition Category (HCC) Coding

Wayne G. Miller, D.O., M.P.H. Medical Director Mercy Accountable Care

Importance of Focusing on Clinical Condition Documentation (CCD) Education

- The move from FFS to Value-Based Care makes it increasingly important for providers to properly document the disease burden of their patients
- CCD educational efforts are geared toward helping assure that the codes being used on claims help payers accurately risk adjust patients
- This will result in both more accurate forecasting of benchmarks in CMS shared savings programs and more accurate reimbursement in Medicare Advantage and other commercial programs



What do you see?





How many lives are we talking about for our Clinically Integrated Network?

Approximately 28,000 Attributed Medicare Patients

40



Risk Adjustment Factor (RAF) and Methodologies



CMS-HCC model

- 70,000 ICD-10 Codes (Conditions)
- 9,500 ICD-10 codes require increased costs to manage
- Conditions grouped into Hierarchical Condition Categories (HCC)
 - Similar conditions
 - Similar resource needs

70,000 ICD-10 Codes (Conditions)

9,500 ICD-10 Codes with increased resource intensity

> 86 HCCs



CMS-HCC model

ICD-10-CM codes	HCC category description	нсс	Disease Hierarchy
E08.0-, E08.1-, E08.641, E09.0-, E09.1-, E09.641, E10.1-, E10.641, E11.0-, E11.1- , E11.641, E13.0-, E13.1-, E13.641	Diabetes with acute complications	17	18, 19
E08.21-E08.638, E08.649-E08.8, E09.21-E09.638, E09.649-E09.8, E10.21-E10.638, E10.649-E10. E11.21-E11.638, E11.649-E11.8, E13.21-E13.638, E13.649-E13.8	8, Diabetes with chronic complications	18	19
E08.9, E09.9, E10.9, E11.9, E13.9, Z79.4	Diabetes without complication	19	
I85, K70.41, K71.11, K72.01-K72.91, K76.6, K76.7, K76.81	End-stage liver disease	27	28, 29, 80
K70.30-K70.9, K74.3-K74.69	Cirrhosis of liver	28	29
B18, K73, K75.4	Chronic hepatitis	29	



How is risk score (RAF) calculated?



RAF: Risk Adjustment Factor; HCC: Hierarchical Condition Categories

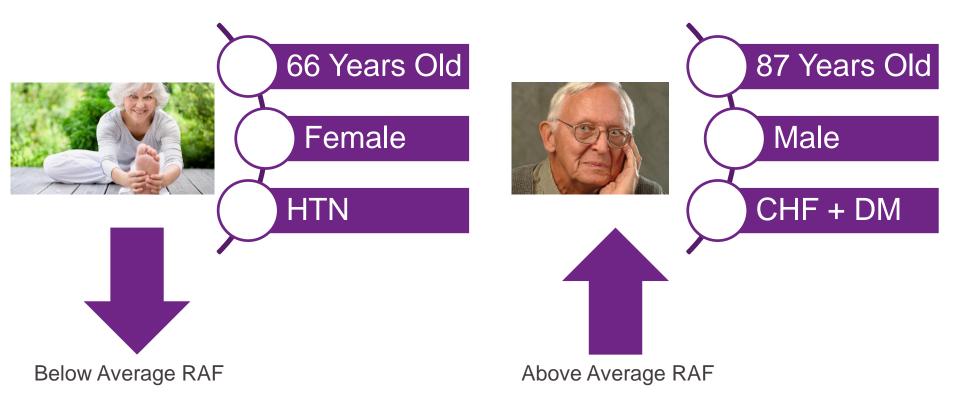


Where does each patient stand?



Important to note that CMS rebases what "1" is every year based on all Medicare beneficiaries and their risk score

Patient Comparison





Provider concerns

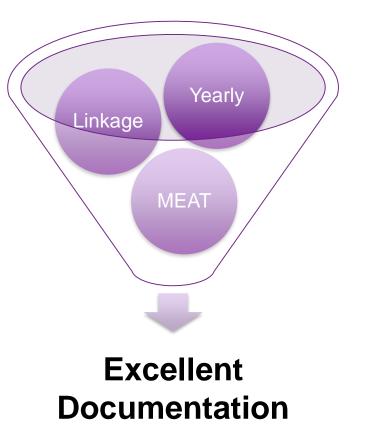
Providers want to provide the best care for their patients. Providers want to properly document the disease burden of their patients. Providers are not specifically trained in diagnostic coding.

Documentation Elements



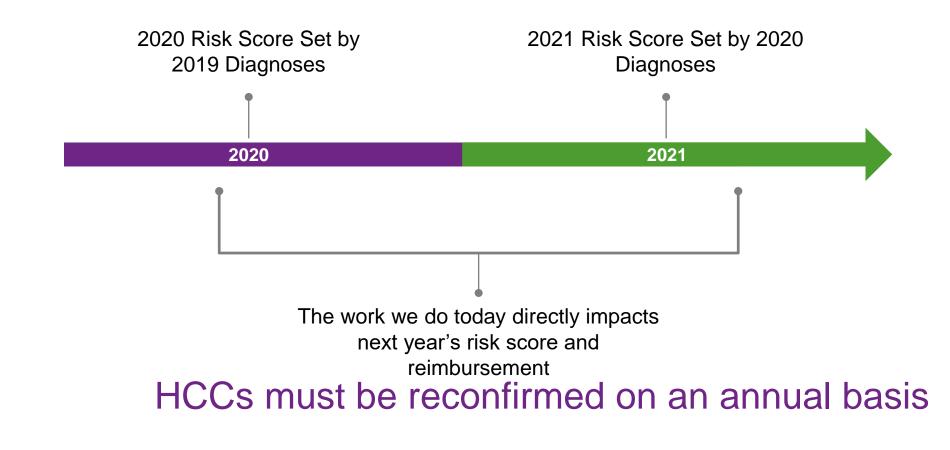
The sooner, the better

Yearly- Document chronic conditions at least once annually Linkage- clarify any complications that relate to chronic conditions MEAT- add supporting documentation for each chronic condition assessed





The documentation done in 2020 directly impacts 2021



Linkage

Medical complications can result from a longstanding, under-controlled primary condition. In these cases, the complication is *assumed* to have resulted from the primary condition. The patient's encounter diagnosis should reflect the connection between the primary and secondary conditions

The most common assumed relationship are:

- Diabetes with complications
- Hypertension with heart failure or kidney failure



Remember this acronym

<u>M</u>onitor

<u>*E*</u>valuate

<u>A</u>ssess/Address

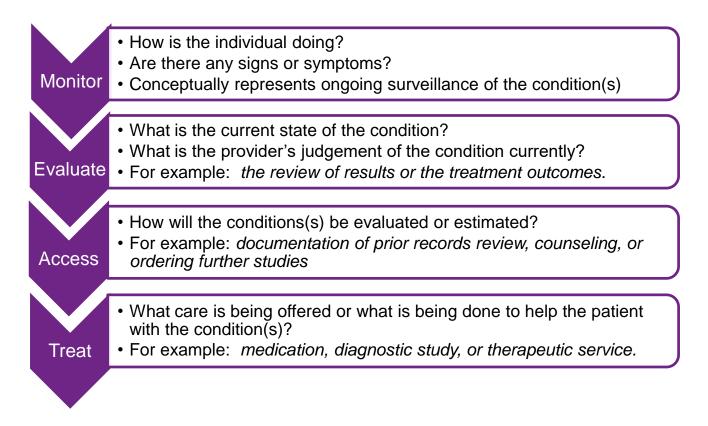
<u>*T*reat</u>

MEAT is an easy acronym for remembering what suffices as supporting documentation.

Only **one** of the elements needs to be present for a coded condition.



Essential Concepts What is MEAT?





What are acceptable locations for MEAT documentation?

	YES		NO
	History of present illness	Х	Past medical history
\checkmark	Review of symptoms	Х	Surgical history
\checkmark	Physical exam	Х	Problem list
\checkmark	Assessment	Х	Medication list
	Plan		
	Treatment		



Assessment and Plan with Opportunities

- Type 2 Diabetes with retinopathy- refill meds and continue follow up with Ophthalmologist, Dr. Smith. Diabetic retinopathy education is provided.
- Hypertension- controlled, continue meds
- Recurrent depression, mild- Stable on citalopram, symptoms are improving
- Morbid obesity- Diet and exercise information given and discussed



Assessment and Plan with Opportunities

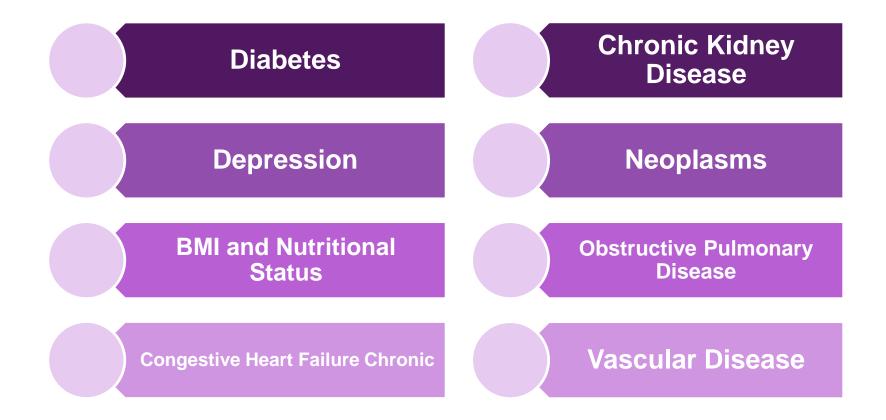
- Congestive heart failure, diastolic, chronic- this is not due to hypertension. Patient is tracking salt intake and has quit smoking.
- Hypertensive chronic kidney disease-patient is compliant with ACE inhibitor and has been referred to nephrology with new diagnosis of stage 5 CKD.
- History of breast cancer-patient had a double mastectomy and is currently completed all treatment. Originally diagnosed in 1995.



No Conditions Coded		Only Some Conditions Coded and with Poor Specificity		All Conditions Coded	
Clinical Factor	Weight	Clinical Factor	Weight	Accurately	
76 year old female	0.468	76 year old female	0.468	Clinical Factor	Weight
Medicaid Eligible	0.177	Medicaid Eligible	0.177	76 year old female	0.468
-		-		Medicaid Eligible	0.177
DM not coded	0	DM, type 2	0.121	DM with CKD	0.667
CKD not coded	0	CKD, stage 4	0.23		0.23
Use of insulin not coded	0	Use of insulin not coded	0	CKD, stage 4	
COPD not coded	0	COPD not coded	0	Long term use of insulin	0.121
Interaction of COPD + DM	0	Interaction of COPD + DM	0	COPD	0.355
	•			Interaction of COPD + DM	0.204
Total Risk Adjustment Factor	0.645	Total Risk Adjustment Factor	0.996	Total Risk Adjustment	2.222
PMPM Spending Budget	\$484	PMPM Spending Budget	\$747	Factor	
				PMPM Spending Budget	\$1,667
Annual Expected Cost of Care	~\$6K	Annual Expected Cost of Care	~\$9K	Annual Expected Cest of	~\$201
				Care	

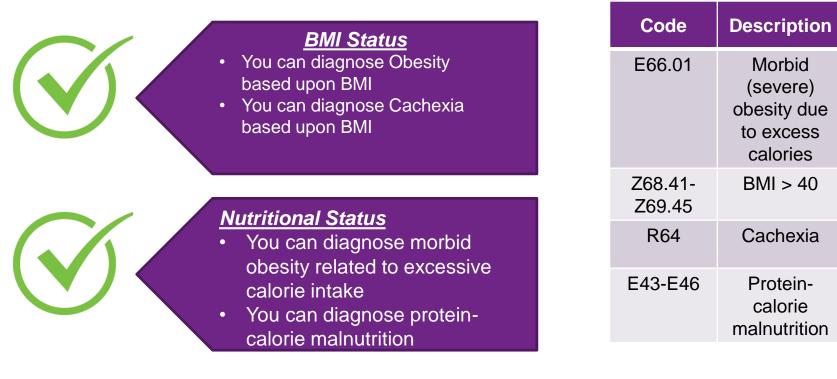
This is what the payer believes it should cost annually to care for a patient with a score of 2.2 compared to a patient with a score of 0.64. Same patient, \$14,000 difference based on accurate and complete coding

The Essential Eight





BMI & Nutritional Status



59

*not all-inclusive list

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HCC

22

22

21

21

Chronic Statuses Illustrate Full Picture



If these conditions are still present they need to be coded at least once EVERY year.



Use of Comprehensive Care Visit (CCV) forms

- CCVs assist in achieving an accurate risk score by listing opportunities to :
 - Revalidate chronic active conditions for the current year
 - Reject resolved conditions or incorrect diagnoses
 - Document conditions with status codes for the current year
 - Use more specific language for certain diagnoses and/or link to other conditions by, e.g., "due to"
 - Add new chronic active conditions diagnosed in other settings



Keys to Success

- Address Chronic Conditions once a year
- Better to see patients sooner in the year
- Give a full picture of patient









