



FISCAL YEAR 2023
(JULY 2022-JUNE 2023)

Community Health & Well-Being Impact Report



Trinity Health
Mid-Atlantic

OUR MISSION

We, Trinity Health, serve together
in the spirit of the Gospel
as a compassionate and transforming
healing presence within our communities.

OUR CORE VALUES

Reverence
Commitment to Those
Experiencing Poverty
Safety
Justice
Stewardship
Integrity

OUR VISION

As a mission-driven innovative health
organization, we will become the national
leader in improving the health of our
communities and each person we serve. We
will be the most trusted health partner for life.



A photograph of a man and a young girl smiling and looking off-camera. The man is carrying the girl on his shoulders. They are outdoors with green foliage in the background.

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ALL GOOD THINGS BEGIN WITH GRATITUDE

Trinity Health Mid-Atlantic (THMA) continues our ongoing commitment to address the needs of the individuals we serve and their families, whether inside the walls of our hospitals or through our community benefit activities out in the communities we serve. There has been increased awareness of the need to work together with our partners in addressing health equity to improve every aspect of a person's well-being, health and safety.

Collaboration with our community partners allows our responses to the needs outlined in this report to be more informed and consequently more effective. Partnerships also expand our ability to consider the entire continuum of healthcare needs and the social influencers to advance our strategies to reduce health disparities and improve equity. Since COVID, together with our clinical teams, the need for holistic care is more apparent than ever before. It proves we need to work together to care for a person's healthcare and social care needs at the same time in order to truly make a difference in a person's life. It is only when these needs are met, that they can improve themselves, their families and the communities they live in. Through collaborated efforts in advocacy, community partners and those we serve, the Healthy Village project at Saint Francis gives us the opportunity to change the way we do healthcare by addressing an individual's multiple needs at one trusted location. It's through this trusted relationship with our community partners and the community, that we can improve the way we deliver care with respect for the individual.

In Fiscal Year 2023, THMA invested \$72M in community health improvement services, subsidized and unreimbursed health care, financial assistance for low-income patients, community-building activities and community-based programs. Some of our major health promotion program accomplishments for the fiscal year include: **1.** Access to acute care for uninsured individuals meeting THMA financial assistance criteria; **2.** Access to acute and community-based behavioral health services including school-based mental health counseling, mobile drug and alcohol relapse prevention services; **3.** Resources and programs addressing food insecurity in collaboration with coalition partners, public and private social service organizations, governmental food assistance partners and faith-based community leaders.

Lil Schonewolf, Vice President, Community Health & Well-Being, THMA
Executive Director The Healthy Village at Saint Francis

*Trinity Health defines high priority communities via ZIP code data including the following: (1) at least 40% of the population in the community is Black or Latinx/Hispanic; and (2) the median earnings for the community are at or below 200% of the federal poverty guideline (\$55,500 for a family of four) or the Housing and Urban Development low-income definition of 80% of Area Median Income.



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MINISTRY AND COMMUNITY OVERVIEW

Trinity Health's Community Health & Well-Being (CHWB) strategy promotes optimal health for people experiencing poverty and other vulnerabilities in the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism and reducing health inequities. We do this by:



**Investing in
Our Communities**



**Advancing
Social Care**



**Impacting Social
Influencers of Health**

**TRINITY HEALTH MID-ATLANTIC
COMPRISES MERCY FITZGERALD
HOSPITAL (DARBY, PA.), NAZARETH
HOSPITAL (PHILADELPHIA, PA.), SAINT
FRANCIS HOSPITAL (WILMINGTON, DE.),
ST. MARY MEDICAL CENTER (LANGHORNE,
PA.), AND THEIR ASSOCIATED HOME
HEALTH AND LIFE PROGRAMS, ALIGNED
JOINT VENTURES, SUB-CORPORATIONS,
PROGRAMS, AND SERVICES.**

Formed in October 2018, the Trinity Health Mid-Atlantic region empowers the four Trinity Health hospitals to be one unified regional system providing acute care services, continuing care services and support services, operating from a position of strength across the many diverse neighborhoods we serve. Trinity Health Mid-Atlantic will serve together in the spirit of the Gospel as a compassionate and transforming healing presence.

4 Hospitals

2 State-Accredited Trauma Centers

929 Hospital Beds

159,290 ED Visits

2,117 Babies delivered annually

6,366 Colleagues

1,820 Medical Staff

677,544 Outpatient Visitors

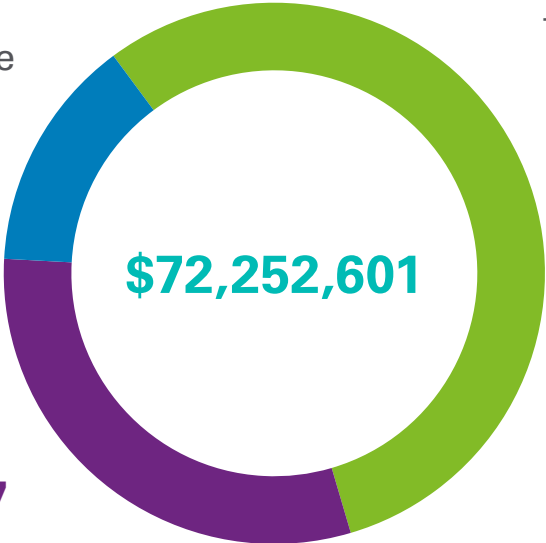
4 Graduate Medical Education Programs

COMMUNITY BENEFIT

Trinity Health Mid-Atlantic continually evaluates and responds to the most important needs of the community identified through our triennial Community Health Needs Assessment (CHNA) and in partnership with other local not-for-profit organizations and committees. The CHNA intentionally and authentically engages community residents and stakeholders to evaluate the overall health status of those we serve in Pennsylvania and Delaware, to identify the most pressing health-related needs and prioritize services relating to such needs.

THMA COMMUNITY BENEFITS TOTALS FY 23

\$10,662,200
Financial Assistance
(traditionally known
as “charity care”)



\$41,547,664
Programs for
those who are poor
and underserved,
and for the broader
community

Our latest CHNA’s, conducted in 2022 & 2023, identified the following significant health needs, of which we are working to address:

**ST. MARY MEDICAL CENTER
NAZARETH HOSPITAL
MERCY FITZGERALD HOSPITAL**

Behavioral Health

Food Security

Access to Care

SAINT FRANCIS HOSPITAL

Housing

Food Access

Access to Care

INVESTMENTS & CONTRIBUTIONS SPOTLIGHT



Abiding Truth Ministries | \$200,000

ATM training program provided various training and skill building for “at-risk” young adults ages 18 – 25. The training and exposures included: electric/wood shop, home economics, STEM, arts, audio/video.

Broad Street Ministries | \$572,840

Mobile Community Hygiene—The program focuses on individuals in underserved areas who are more likely to suffer from chronic disease but less likely to be connected to a primary physician or specific family practice. The program distributed personal care and hygiene items, promoting dignity and sanitation. The mobile truck also allowed visitors to speak directly with a provider.



Community of Compassion Inc. | \$50,000

Moving with Compassion—The Move with Compassion program provided 3 days a week of strength training, cardio, monitoring of vitals for participants. The program provided physical activities and nutritional guidance to individuals that do not have access to strength training, personal trainers, workout equipment or a fitness center, due to a lack of income and accessibility.



Transforming Communities Initiative with Cornerstone West, CDC | \$50,000

Saint Francis Hospital received a \$50,000 Transforming Communities Initiative grant from Trinity Health to support Cornerstone West CDC for development and implementation of evidence-based strategies that advance health and racial equity through addressing the root cause of housing.



Transforming Communities Initiative with Merakey | \$50,000

Nazareth Hospital received a \$50,000 Transforming Communities Initiative grant to Support Merakey for development and implementation of evidence-based strategies that advance health and racial equity through addressing the root cause of behavioral health.



Behavioral Health Support with Family Service Association of Bucks County | \$11,500

St. Mary Medical Center provided support to the Family Service Association of Bucks County to support mental health counseling in the Pennsbury School District.



Food Security Support with Bucks County Opportunity Council | \$10,000

St. Mary Medical Center provided support to the Bucks County Opportunity Council with funding to support food security initiatives focusing on the needs of low-income households in Bucks County. In Fiscal Year 2023 Fresh Connect open-air markets provided food to more than 900 families weekly.

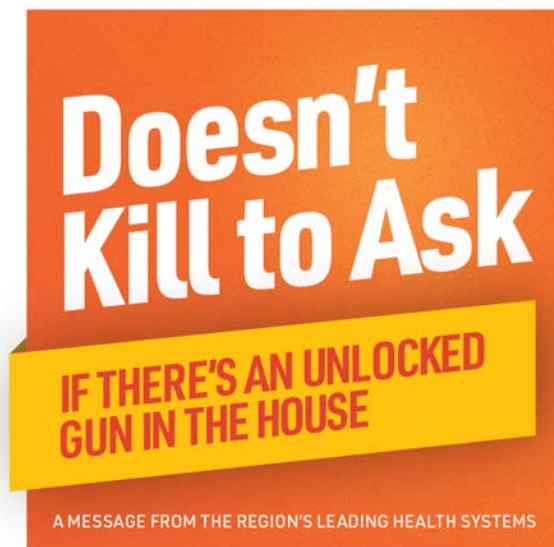
ADVANCING SOCIAL CARE

NATIONAL DIABETES PREVENTION PROGRAM

Trinity Health Mid-Atlantic launched the National Diabetes Prevention Program, a 12-month evidence based, lifestyle change intervention designed to help participants prevent or delay the onset of Type 2 diabetes with a cohort of 42 patients. The classes were given in English and Spanish. Participants were provided with a scale, measuring cups and a portion plate to aid them in the classes.

Trinity Health Mid-Atlantic, along with other leading healthcare systems across Pennsylvania, Delaware and New Jersey, have joined thousands of hospitals and health associations in a nationwide public awareness and education campaign.

The campaign, “It Doesn’t Kill to Ask,” focuses on providing caregivers, parents, and community members with actionable tools to speak up about safe gun storage and help them feel empowered to ask other parents about access to guns in a home their child might visit.



The HELP Center—a Healthy Eating and Living Partnership—is a collaboration between three nonprofit agencies: Bucks County Opportunity Council, St. Mary Medical Center, and United Way of Bucks County. Located in Bristol, the HELP Center is an 8,000 square foot warehouse, distribution center, and shop for our gifts in-kind program.

The center fills the gap for local families in need by providing essentials like cleaning supplies, personal hygiene items, and home goods—completely free of charge—through a dignified personal shopping experience.

Each month, hundreds of new people “shop” with us for the things they need.

In FY23 the HELP Center assisted 114,755 individuals with connection to food and everyday essential items.

ADVANCING SOCIAL CARE

TRINITY HEALTH MID-ATLANTIC HEALTH EQUITY



The Trinity Health Mid-Atlantic Weekend Meal Program provided kid friendly meal packs for school-aged youth. The packs were delivered to participating schools and distributed weekly to children who met eligibility requirements. Weekend Meal Program **provided 7,556 meals for students in FY 2023**.



Trinity Health Mid-Atlantic provided **1,412 grocery gift cards** to individuals at or below 200% of the poverty level to fill food insecurity gaps.



Trinity Health Farm Box provided access to fresh produce by providing **10,228 boxes** to individuals and families receiving food assistance benefits and subsidies.



Trinity Health Mid-Atlantic (THMA) along with other leading health systems in the tri-state region, joined together to form a regional coalition to eliminate race-based medicine. The Regional Coalition members will work together to remove race “adjustments” from 15 commonly used clinical decision support tools that may adversely impact patients’ outcomes. In FY23 THMA also completed the American Hospital Association (AHA) Health Equity Assessment to self-assess and learn about its current position in the health equity continuum.



In partnership with LYFT, Trinity Health Mid-Atlantic in FY23 **provided 954 low-income patients with transportation** to receive medically necessary care.



St. Mary Medical Center and Saint Francis Hospital pharmacies provided free or reduced cost prescription medications through both the Trinity Health financial assistance program and the Dispensary of Hope free medication program, for those who are uninsured and living at or below 300% federal poverty level.

ADVANCING SOCIAL CARE

SAFETY NET HEALTH CENTERS/ MOBILE/STREET MEDICINE



Street Medicine Program

In Bucks County there are nearly 100 people who, for various reasons, choose not to enter the Bucks County Emergency Homeless Shelter. They are known as the “street homeless,” and their mortality rate is significantly higher than those who opt for the shelter. In response to this critical need, Family Service launched its Street Medicine Program. The program was made possible by a grant through the county, as well as a fully equipped van supplied by St. Mary Medical Center.



The Saint Clare Medical Outreach Van

partnered with Quality Insights to improve access to mammograms, pap smears, colonoscopies, and other screenings at no cost or low cost to Saint Clare Van patients. The Saint Clare Medical Outreach Van provided take home blood pressure kits to patients with high or uncontrolled blood pressure. The kits were distributed free of charge to the patients. Patient education on use of the kits was provided and blood pressure monitored for improvement. Saint Clare patients on insulin were provided glucose machines, strips, and lancets free of charge.

Mother
Bachmann
Maternity
Center

St. Mary
Children's
Health
Center

St. Mary
Adult
Health
Center

NEW
LOCATION:

St. Mary
Family
Medicine
Bensalem

3331 Street Road
Two Greenwood
Suite 140
Bensalem, PA 19020
215.633.8397

The same quality care that you have
come to expect...**all in one practice**

St. Mary Family Medicine Bensalem

St. Mary Family Medicine Bensalem is a full-service family medicine practice, which was formed by the consolidation of Mother Bachmann Maternity Center, St. Mary Children's Health Center and St. Mary Adult Health Center.

In May 2022, St. Mary Family Medicine Bensalem moved to a new location on Street Road. The practice continues to provide services for adults, children and pregnant women in the Bensalem area. The new model delivers equitable health care through integration of services and appointment management. Appointment coordination reduces the amount of time and resources for families needed for equitable health care. At the heart of our program is a mission to serve the needs of underrepresented individuals in healthcare be it in the exam room, on the medical wards, or in the community at large.

ADVANCING SOCIAL CARE

COMMUNITY HEALTH WORKER STORY

A 91 year-old with advanced dementia and history of falling was nearing end of life requiring 24-hour supervision and care. Upon building rapport with the family, the patient was enrolled in home hospice, however the emotional and physical toll was too great for her caregiver to manage therefore it was suggested the patient be placed in long term care. The caregiver experienced a high degree of caregiver stress and burnout and began neglecting her own health issues. She also expressed concerns regarding isolation and lack of responsiveness related to patient's cognitive status, hearing and vision impairments.

In order to support the caregiver, the CHW developed a communication board for the patient. The board focused on the basic needs of the patient. The caregiver began to utilize the board and noted an improvement in communication as she taught her mother to use the icons. The communication board eased the emotional stress during the transition for the caregiver as she continued to advocate for her mother in the facility.

The care team re-aligned the caregiver with her PCP and specialists. Manna meals were set up and the caregiver was connected with senior center activities. The community health worker also set up a new cell phone with alerts to remind her to take her medications. The care team checks in regularly to encourage compliance with medical care plan as well as healthy lifestyle choices.



ADVANCING SOCIAL CARE

CARES

In FY23, the Community Aid Refurbished Equipment Store (CARES) loaner program cleaned, inspected, and refurbished wheelchairs, crutches, walkers, shower chairs and commodes and more to help those who are unable to afford durable medical equipment.

CARES also accepts donations of unopened incontinence products which is distributed to those who are unable to afford these necessities. **For the nearly 672 clients assisted this past year, access to needed equipment greatly enhanced their mobility and quality of life.** Those who receive the CARES medical equipment can return it back to the store so the cycle of giving can continue.



Infant Passenger Safety/Safe Sleep—Testimonial

The car seat program through St. Mary is one of the most amazing resources that we utilize for our program, St. Margaret of Castello Maternity Home. We are very fortunate to be able to refer our moms who reside in Bucks County for services to receive a pack and play and car seat at no cost. Car seat safety and sleep safety are so important and partnering with this program helps the moms that we serve so much and keeps our babies safe. The staff are always so pleasant and helpful when we pick up the items for our moms and the referral process is super easy. We are grateful for the car seat program and the funding that allows us to take the burden of the cost of a car seat and pack and play off our moms that we serve in Bucks County. **In FY23, 111 car seats and 82 cribettes were given out to families in need.**



“Working as a physical therapist in home care, I have encountered many patients in need of medical equipment which is not covered by their medical insurance and the patient is unable to afford. CARES fills this gap by providing community outreach with free medical equipment to those in need. As a physical therapist, I have connected many of my patients to CARES which has been able to meet their needs. CARES has provided a wheelchair to a patient with cancer to allow ease in getting to medical appointments and to an orthopedic patient needing to get to their doctor appointment, as well as ease in getting around the house. CARES provided assistive devices like walkers or hemi walkers to patients with safety issues while walking, allowing them to remain safe while progressing with rehab. Always, when I tell a patient the service is free, they are full of gratitude and disbelief that such a service exists. As a physical therapist, I speak for myself and on behalf of other rehab clinicians to say thank you CARES for the wonderful service you are providing to the community. You are making a difference.”

—Beverly Palucis PT



SAINT FRANCIS HOSPITAL RECEIVES \$1M GRANT FROM HIGHMARK BLUE CROSS BLUE SHIELD DELAWARE



Saint Francis Hospital is pleased to announce that it has received a grant of \$1 million through Highmark Blue Cross Blue Shield Delaware's BluePrints for the Community program, to support The Healthy Village® at Saint Francis Hospital, a unique model of care that addresses the social influencers of health to form a single system of care.

The grant funds will be used to begin the transformation of obsolete spaces, establish a home for a new care model, and support the provisions of enhanced services integrated with community-based programming and partners.

Healthy Villages focus on improving quality of life and enriching the vitality of neighborhoods while protecting their heritages, histories, and residents by working with community-based partners whose services address the drivers of health.

The model has been in existence for more than 25 years; however, few have adopted it to the extent Saint Francis has while extending it into the community—making The Healthy Village at Saint Francis Hospital one of the first in the nation.

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