Trinity Health Mid-Atlantic  
St. Mary Medical Center

Internal Medicine Residency Program

1201 Langhorne-Newtown Rd  
Langhorne, PA 19047
St. Mary Medical Center

- **371-bed** tertiary care community-based hospital
- Advanced comprehensive care
  - Heart & Vascular Center
  - Regional Cancer Center/Penn Cancer Network
  - Joint Commission-certified
    - Primary Stroke Center
    - Sleep disorders center
    - Joint replacement program
  - Inpatient Acute Rehabilitation Hospital
  - Emergency Department
    - Level II Trauma Center
    - 78 beds & 12 bed Pediatric ED
Our Location

- **Langhorne, PA** – Bucks County
  - Philadelphia ~ 35 min
  - NYC ~ 1.5 hours
  - DC ~ 2.5 hours
  - Jersey Shore ~ 1 hour

- Tyler State Park, Core Creek Park, Pocono Mountains

- Lots of restaurants, wineries, farm stands and orchards
Program Leadership & Core Faculty

- **Program Director** - Dr. Umang Patel, DO, FACOI
- **Associate Program Director** - Dr. Jonathan Lee, DO
- **Core Faculty**
  - Dr. Steven Kutalek, MD, FACC, FHRS (Electrophysiology)
  - Dr. Benjamin Solomon, MD (Pulmonary/Critical Care)
  - Dr. Heewa Faraj, MD (Internal Medicine)
  - Dr. Carlin McLaughlin, DO (Hematology/Oncology)
  - Dr. Arpish Shah, MD (Internal Medicine)
- **Chief Resident** - Dr. Daniel Tran, DO
- **Program Coordinator** - Eileen Schneider
Subspecialty Faculty

- Cardiology – Anand Haridas MD, Syed Hussain MD, Ashwani Gupta MD, Vincent Figueredo MD
- Endocrinology – Shailja Kaul MD, Arvind Cavale MD
- Hematology/Oncology – Youval Katz MD, Daniel Lebovic MD
- Gastroenterology – Mark Codella MD, David Zisa MD, Keith Buhl MD (Nazareth)
- Infectious Diseases – Ronald Goren MD, Donald Marcus MD, Sreethy Saraswathy, MD
- Nephrology – Shalini Barlapudi MD, Chris Frankel MD
- Neurology – Paul Shneidman MD, David Sirken DO
- Pulmonary/Critical Care – Rakesh Patel MD, Jay Chelluri MD, Brett Carestia DO, Zeeshan Khan DO
- Rheumatology – Manisha Naik MD
- Geriatric Medicine – Uzma Shahzad MD
- Outpatient/Primary Care – Tej Kokroo MD, Sanjay Bhatia MD, Umar Farooq MD
Residency Program

- PGY-1 – 12 Residents
- PGY-2 – 12 Residents
- PGY-3 – 12 Residents
- PGY-4 – 1 Chief Resident

- EMR – Meditech (Inpatient), PulseCheck (ED), Athena (Outpatient)
  - Plans to transition to Epic EMR in 2022
4 + 1 Schedule

- Each block = 5 weeks
- 4 weeks inpatient rotation
- 1 full week outpatient rotation
  - Didactics with chief
  - Subspecialty clinic
  - RRT/US skills lab
  - Independent study time
PGY-1 Rotations
4+1 Block Schedule (10 blocks per year)

<table>
<thead>
<tr>
<th>Example PGY-1 Rotations</th>
<th>Weeks</th>
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<tbody>
<tr>
<td>Internal Medicine Floors</td>
<td>20</td>
</tr>
<tr>
<td>Ambulatory Medicine</td>
<td>10</td>
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<tr>
<td>ICU/CCU</td>
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<tr>
<td>Night Float</td>
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<tr>
<td>Subspecialty Selective</td>
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<tr>
<td>Emergency Medicine</td>
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<tr>
<td>Vacation</td>
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### Example PGY-2 Rotations

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<td>Ambulatory Medicine</td>
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</tr>
<tr>
<td>ICU/CCU</td>
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<tr>
<td>Night Float</td>
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<tr>
<td>Cardiology</td>
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<tr>
<td>Nephrology</td>
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<tr>
<td>Infectious Disease</td>
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<tr>
<td>Subspecialty Selective</td>
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<tr>
<td>AWAY Electives</td>
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<tr>
<td>Vacation</td>
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## PGY-3 Rotations

### 4+1 Block Schedule (10 blocks per year)

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<td>Gastroenterology</td>
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<td>Endocrinology</td>
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<td>Electives</td>
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<tr>
<td>Vacation</td>
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A Day in the Life of Medicine Floor Rotation

**Monday to Friday & Saturday OR Sunday**

- **6:30-7:30am**  Sign-out from night team, pre-round on patients
- **7:30-8:15am**  Morning Report
- **8:15-10:30am** Pre-round, write notes, prep for rounds
- **10:30-12:00pm** Teaching rounds
- **12:00-1:00pm**  Noon Conference
- **1:00-3:30pm**  Finish notes, discharges, new admissions
- **3:30-6:30pm**  Short call sign-out, long call stays
- **6:30-7:00pm**  Long call sign-out to night team
Other Academic Activities

- Morning Report
- Noon Conference
- Hospital-System Conferences
  - M&M, Grand Rounds, Tumor Board
- Antibiotic Stewardship Rounds
- Ethics Rounds
- Journal Club
- Simulation Center (SIM labs)
- Ultrasound Curriculum (US skills lab)
Scholarly Activity

- Case Reports, Abstracts, Research Publications
- Quality Improvement Projects
- Acceptance to Journals and National Conferences
  - American College of Physicians (ACP)
  - Society of General Internal Medicine (SGIM)
  - American College of Cardiology (ACC)
  - Complex Cardiovascular Cath Conference
Benefits/Educational Resources

- ACP Membership + MKSAP Access
- UpToDate + Journal Access via OpenAthens
- BLS/ACLS certification
- Hopkins/PEAC modules
- Yale modules
- Annual Education Stipend
- Scholarly Activity/Conference Attendance Stipend
- Meal Stipend while on-call
- Resident Retreats, Wellness Events, Hospital Holiday Party, Graduation Celebration
- 403b Retirement Plan with employer match
- Non-profit organization qualifies for PSLF program
Questions?

Contact Eileen Schneider at:

Eileen.Schneider@stmaryhealthcare.org